



2018 GROUP PROGRAMME FOR GIRLS

Fun with Feelings For Girls 4-6 years Intensive



WHO

Girls aged 4-6 years old and have a diagnosis of Asperger's Syndrome, autism spectrum disorder or PDDNOS, and their parents.

Psychologists: Dr Julia Cook, Lizaan Schwartz and Joshua King

PROGRAMME DESCRIPTION

The programme is designed for girls who have an autism spectrum disorder and who experience difficulties with managing their anxiety. The programme comprises of two groups that run parallel to each other, one for parents and one for girls. The aim of each group is to help the children to recognise, label, and manage their anxiety. The programme was created by members of the Minds and Hearts team. Research studies examining this programme have been published in the peer reviews journals Early Child Development and Care and Journal of Cognitive Psychotherapy.

WHERE

Minds & Hearts, Suite 6, Level 1, 88 Boundary Street, West End.

WHEN

1:30-3:30pm 9th July to 13th July (Monday to Friday)
Five sessions during the July school holidays

Parents and children must attend all sessions.

HOW

To register interest, please book an appointment if you are not currently seeing a psychologist at Minds & Hearts. The appointment session will take one hour. The aims of the session are to determine suitability for the group. Should the group not be suitable, an alternative plan will be advised.

COSTS

Most participants will be eligible for a rebate, either through Medicare or FAHCSIA. Please enquire with your GP or Autism Advisor. Initial Assessment - \$240 (if needed) + 5 group sessions @ \$150 each (\$750 total). Payment for the group sessions is made in 2 installments of \$375 (paid with registration and then at the commencement of group). For participants to be eligible to receive a rebate from Medicare the group will require at least 6 participants. **Please note: The total cost of the group sessions is \$750 irrespective of whether your child attends each one of the five scheduled sessions.**



Fun with Feelings 4-6 years Intensive

9th-13th July 2018 (Monday to Friday)

GROUP REGISTRATION FORM

TAX INVOICE

ABN: 51 128 736 103

Please complete this form and return it to reception staff or post it to:

Minds & Hearts PO Box 5675 WEST END QLD 4101

Name: _____ Age: _____ Gender: M/F Date of Birth: _____
Parents Name: _____
Address: _____
Phone Number: _____
Email: _____

The cost of the group is \$150 per 2 hour session for 5 sessions. It is very important for parents and children to attend all sessions to obtain the full benefits of the programme. To secure a place for you and your child we require a part payment of \$375 to be paid when submitting this form. Group numbers are limited. Reception staff will contact you should no further places be available. Payment can be made via Credit Card, Cheque or Money Order. Please make cheques or money orders payable to Minds & Hearts.

Payment for the group sessions is made in 2 installments (ie. \$375 paid with registration and \$375 at the commencement of group). Please note: The total cost of the group sessions is \$750 irrespective of whether your child attends each one of the five scheduled sessions.

Payment \$375 to secure a place now:

PAYMENT METHOD (Please circle):	Cheque	Bank Deposit	Credit Card
CREDIT CARD DETAILS (Please circle):	Mastercard	Visa	Bankcard
Name on card:	_____		
Credit Card Number:	_____		
Expiry Date:	____ / ____		
Signature:	_____	Date:	_____