



2019 GROUP PROGRAM FOR GIRLS

Fun with Feelings for Girls 4-6 years Intensive



WHO

Girls aged 4-6 years old and have a diagnosis of Asperger's Syndrome, autism spectrum disorder or PDD-NOS, and their parents.

Psychologists: Ms Toneya Ashby, Psychologist & Ms Lizaan Schwartz, Provisional Psychologist

PROGRAM DESCRIPTION

The program is designed for girls who have an autism spectrum disorder and who experience difficulties with managing their anxiety. The program comprises of two groups that run parallel to each other, one for parents and one for girls. The aim of each group is to help the children to recognise, label, and manage their anxiety. The program was created by members of the Minds & Hearts team. Research studies examining this programme were published in the peer reviewed journals Early Child Development and Care and Journal of Cognitive Psychotherapy.

WHERE

Minds & Hearts Clinic, Suite 6, Level 1, 88 Boundary Street, West End.

WHEN

1:30 pm - 3:30pm 1st to 5th July, 2019 (Monday to Friday)

Five sessions during the July school holidays

Parents and children must attend all sessions.

HOW

To register interest, please book an appointment if you are not currently seeing a psychologist at Minds & Hearts Clinic. The appointment session will take one hour. The aims of the session are to determine suitability for the group. Should the group not be suitable, an alternative plan will be advised.

COSTS

Most participants will be eligible for a Medicare Rebate. Please enquire with your GP. Initial Assessment - \$240.00 + 5 group sessions @ \$170 each (\$850 total). For participants to be eligible to receive a rebate from Medicare the group will require at least 6 participants. **Please note: The total cost of the group sessions is \$850 irrespective of whether your child attends each one of the five scheduled sessions.**



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GROUP REGISTRATION FORM

TAX INVOICE ABN: 51 128 736 103

Please complete this form to register your child and to nominate your payment method.
Return it to reception staff in person, via email to info@mindsandhearts.net

Name: _____ Age: _____ Gender: M/F Date of Birth: _____
Parents Name: _____
Email: _____

Payment for the group sessions is made in an upfront payment. Either online through our website or by returning this form.

Please note: The total cost of the group sessions is \$850 irrespective of whether your child attends each one of the eight scheduled sessions.

N.B: If you have a Mental Health Care Plan for group therapy please be aware the rebate cannot be processed until the day of each session.

There are 4 easy payment options:

OPTION 1: IN PERSON

Please make your payment to one of our friendly receptionists at Minds & Hearts.

OPTION 2: ONLINE

Please make payment online through our website. We will happily email you the link to make payment.

OPTION 3: BANK DEPOSIT:

Account Name: Minds and Hearts Pty Ltd

BSB: 034 013

Account Number: 241 976 **Reference: Your Child's Surname**

OPTION 4: CREDIT CARD (Please circle): Mastercard Visa

Name on card: _____

Credit Card Number: _____

Expiry Date: _____ / _____

Signature: _____

Date: _____